

TOOLS

Cycle through tools	Opt-click tool button in Tools panel	Alt-click tool button in Tools panel		
Activate Selection tool	V	V		
Activate Hand tool	H	H		
Temporarily activate Hand tool	Hold down spacebar or the middle mouse button.	Hold down spacebar or the middle mouse button.		
Activate Zoom In tool	Z	Z		
Activate Zoom Out tool	Option (when Zoom in tool is active)	Alt (when Zoom In tool is active)		
Activate Rotation tool	W	W		
Activate Roto Brush tool	Option+W	Alt+W		
Activate and cycle through Camera tools (Unified Camera, Orbit Camera, Track XY Camera, and Track Z Camera)	C	C		
Activate and cycle through Brush, Clone Stamp, and Eraser tools	Cmd+B	Ctrl+B		
Temporarily convert Selection tool to Direct Selection tool	Ctrl (in shape layer)	Cmd (in shape layer)		
Activate Pan Behind tool	Y	Y		
Activate and cycle through mask and shape tools (Rectangle, Rounded Rectangle, Ellipse, Polygon, Star)	Q	Q		
Activate and cycle through Type tools (Horizontal and Vertical)	Cmd+T	Ctrl+T		
Activate and cycle through pen tools (Pen, Add Vertex, Delete Vertex, and Convert Vertex) (CSS5, and earlier)	G	G		
Activate and cycle between the Pen and Mask Feather tools (CS6)	G	G		
Temporarily activate Selection tool when a pen tool is selected	Cmd	Ctrl		
Temporarily activate pen tool when the Selection tool is selected and pointer is over a path (Add Vertex tool when pointer is over a segment; Convert Vertex tool when pointer is over a vertex)	Cmd+Option	Ctrl+Alt		
Activate and cycle through Puppet tools	Cmd+P	Ctrl+P		
Temporarily convert Selection tool to Shape Duplication tool	Option (in shape layer)	Alt (in shape layer)		

PROJECTS

New project	Cmd+Option+N	Ctrl+Alt+N
Open project	Cmd+O	Ctrl+O
Open most recent project	Cmd+Opt+Shift+P	Ctrl+Alt+Shift+P
New folder in Project panel	Cmd+Opt+Shift+N	Ctrl+Alt+Shift+N
Open Project Settings dialog box	Cmd+Opt+Shift+K	Ctrl+Alt+Shift+K
Find in Project panel	Cmd+F	Ctrl+F
Cycle through color bit depths for project	Opt-click bit-depth button at bottom of Project panel	Alt-click bit-depth button at bottom of Project panel
Open Project Settings dialog box	Click bit-depth button at bottom of	Click bit-depth button at bottom of

3D LAYERS

Switch to 3D view 1 (defaults to Front)	F10	F10
Switch to 3D view 2 (defaults to Custom View 2)	F11	F11
Switch to 3D view 3 (defaults to Active Camera)	F12	F12
Return to previous view	Esc	Esc
New light	Cmd+Opt+Shift+L	Ctrl+Alt+Shift+L
New camera	Cmd+Opt+Shift+C	Ctrl+Alt+Shift+C
Move the camera and its point of interest to look at selected 3D layers	Cmd+Opt+Shift+V	Ctrl+Alt+Shift+V
With a camera tool selected, move the camera and its point of interest to look at selected 3D layers	F	F
With a camera tool selected, move the camera and its point of interest to look at all 3D layers	Cmd+Shift+F	Ctrl+Shift+F
Turn Casts Shadows property on or off for selected 3D layers	Opt+Shift+C	Alt+Shift+C

LAYERS

New solid layer	Cmd+Y	Ctrl+Y
New null layer	Cmd+Opt+Shift+Y	Ctrl+Alt+Shift+Y
New adjustment layer	Cmd+Opt+Y	Ctrl+Alt+Y
Select layer (1-999) by its number (enter digits rapidly for two-digit and three-digit numbers)	0-9 on numeric keypad*	0-9 on numeric keypad*
Toggle selection of layer (1-999) by its number (enter digits rapidly for two-digit and three-digit numbers)	Shift+0-9 on numeric keypad*	Shift+0-9 on numeric keypad*
Select next layer in stacking order	Cmd+Down Arrow	Ctrl+Down Arrow
Select previous layer in stacking order	Cmd+Up Arrow	Ctrl+Up Arrow
Extend selection to next layer in stacking order	Cmd+Shift+Down Arrow	Ctrl+Shift+Down Arrow
Extend selection to previous layer in stacking order	Cmd+Shift+Up Arrow	Ctrl+Shift+Up Arrow
Deselect all layers	Cmd+Shift+A	Ctrl+Shift+A
Scroll topmost selected layer to top of Timeline panel	X	X
Show or hide Parent column	Shift+F4	Shift+F4
Show or hide Layer Switches and Modes columns	F4	F4
Turn off all other solo switches	Opt-click solo switch	Alt-click solo switch
Turn Video (eyeball) switch on or off for selected layers	Cmd+Opt+Shift+V	Ctrl+Alt+Shift+V
Turn off Video switch for all video layers other than selected layers	Cmd+Shift+V	Ctrl+Shift+V
Open settings dialog box for selected solid, light, camera, null, or adjustment layer	Cmd+Shift+Y	Ctrl+Shift+Y
Paste layers at current time	Cmd+Opt+V	Ctrl+Alt+V
Split selected layers (if no layers are selected, split all layers)	Cmd+Shift+D	Ctrl+Shift+D
Precompose selected layers	Cmd+Shift+C	Ctrl+Shift+C
Open Effect Controls panel for selected layer	Cmd+Shift+T	Ctrl+Shift+T
Open layer in Layer panel (opens source composition for precomposition a layer in Composition panel)	Double-click a layer	Double-click a layer
Open source of a layer in Footage panel (opens precomposition layer in Layer panel)	Opt-double-click a layer	Alt-double-click a layer
Reverse selected layers in time	Cmd+Opt+R	Ctrl+Alt+R
Enable time remapping for selected layers	Cmd+Opt+T	Ctrl+Alt+T
Move In point or Out point of selected layers to current time	[(left bracket) or] (right bracket)	[(left bracket) or] (right bracket)
Trim In point or Out point of selected layers to current time	Opt+ (left bracket) or Opt+ (right bracket)	Alt+ (left bracket) or Alt+ (right bracket)
Add / remove expression for a property	Opt-click stopwatch	Alt-click stopwatch
Add an effect (or multiple selected effects) to selected layers	Double-click effect selection in Effects & Presets panel	Double-click effect selection in Effects & Presets panel
Set In point or Out point by time-stretching	Cmd+Shift+, (comma) or Cmd+Opt+, (comma)	Ctrl+Shift+, (comma) or Ctrl+Alt+, (comma)
Move In point of selected layers to beginning of composition	Opt+Home	Alt+Home
Move Out point of selected layers to end of composition	Opt+End	Alt+End
Lock selected layers	Cmd+L	Ctrl+L
Unlock all layers	Cmd+Shift+L	Ctrl+Shift+L
Set Quality to Best, Draft, or Wireframe for selected layers	Cmd+U, Cmd+Shift+U,	Ctrl+U, Ctrl+Shift+U, or Ctrl+Alt+Shift+U
Cycle forward or backward through blending modes for selected layers	Cmd+Opt+Shift+U	Shift+ - (hyphen) or Shift++ (equal sign) on the main keyboard
Find in Timeline panel	Cmd+F	Ctrl+F

TEXT

New text layer	Cmd+Opt+Shift+T	Ctrl+Alt+Shift+T
Align selected horizontal text left, center, or right	Cmd+Shift+L, Cmd+Shift+C, or Cmd+Shift+R	Ctrl+Shift+L, Ctrl+Shift+C, or Ctrl+Shift+R
Align selected vertical text top, center, or bottom	Cmd+Shift+L, Cmd+Shift+C, or Cmd+Shift+R	Ctrl+Shift+L, Ctrl+Shift+C, or Ctrl+Shift+R
Extend or reduce selection by one character to right or left in horizontal text	Shift+Right Arrow or Shift+Left Arrow	Shift+Right Arrow or Shift+Left Arrow
Extend or reduce selection by one word to right or left in horizontal text	Cmd+Shift+Right Arrow or Cmd+Shift+Left Arrow	Ctrl+Shift+Right Arrow or Ctrl+Shift+Left Arrow
Extend or reduce selection by one line up or down in horizontal text	Shift+Up Arrow or Shift+Down Arrow	Shift+Up Arrow or Shift+Down Arrow
Extend or reduce selection by one line to right or left in vertical text	Shift+Right Arrow or Shift+Left Arrow	Shift+Right Arrow or Shift+Left Arrow
Extend or reduce selection one word up or down in vertical text	Cmd+Shift+Up Arrow or Cmd+Shift+Down Arrow	Ctrl+Shift+Up Arrow or Ctrl+Shift+Down Arrow
Extend or reduce selection by one character up or down in vertical text	Shift+Up Arrow or Shift+Down Arrow	Shift+Up Arrow or Shift+Down Arrow
Select text from insertion point to beginning or end of line	Shift+Home or Shift+End	Shift+Home or Shift+End
Move insertion point to beginning or end of line	Home or End	Home or End
Select all text on a layer	Double-click text layer	Double-click text layer
Select text from insertion point to beginning or end of text frame	Cmd+Shift+Home or Cmd+Shift+End	Ctrl+Shift+Home or Ctrl+Shift+End
Select text from insertion point to mouse click point	Shift-click	Shift-click
In horizontal text, move insertion point one character left or right; one line up or down; one word left or right; or one paragraph up or down	Left Arrow or Right Arrow, Up Arrow or Down Arrow, Cmd+Left Arrow or Cmd+Right Arrow, or Cmd+Up Arrow or Cmd+Down Arrow	Left Arrow or Right Arrow, Up Arrow or Down Arrow, Ctrl+Left Arrow or Ctrl+Right Arrow, or Ctrl+Up Arrow or Ctrl+Down Arrow
In vertical text, move insertion point one character up or	Up Arrow or Down Arrow, Left Arrow or Right Arrow,	Up Arrow or Down Arrow, Left Arrow or Right Arrow,

PANELS, VIEWERS, WORKSPACES, & WINDOWS

Select all	Cmd+A	Ctrl+A
Deselect all	F2 or Cmd+Shift+A	F2 or Ctrl+Shift+A
Rename selected layer, composition, folder, effect, group, or mask	Return	Enter on main keyboard
Open selected layer, composition, or footage item	Enter on numeric keypad	Enter on numeric keypad
Move selected layers, masks, effects, or render items down (back) or up (forward) in stacking order	Cmd+Opt+Down Arrow or Cmd+Opt+Up Arrow	Ctrl+Alt+Down Arrow or Ctrl+Alt+Up Arrow
Move selected layers, masks, effects, or render items to bottom (back) or top (front) of stacking order	Cmd+Opt+Shift+Down Arrow or Cmd+Opt+Shift+Up Arrow	Ctrl+Alt+Shift+Down Arrow or Ctrl+Alt+Shift+Up Arrow
Extend selection to next item in Project panel, Render Queue panel, or Effect Controls panel	Shift+Down Arrow	Shift+Down Arrow
Extend selection to previous item in Project panel, Render Queue panel, or Effect Controls panel	Shift+Up Arrow	Shift+Up Arrow
Duplicate selected layers, masks, effects, text selectors, animators, puppet meshes, shapes, render items, output modules, or compositions	Cmd+D	Ctrl+D
Quit	Cmd+Q	Ctrl+Q
Undo	Cmd+Z	Ctrl+Z
Redo	Cmd+Shift+Z	Ctrl+Shift+Z
Purge all	Cmd+Opt+/ (on numeric keypad)	Ctrl+Alt+/ (on numeric keypad)
Interrupt running a script	Esc	Esc

VIEWS

Turn display color management on or off for active view	Shift+/ (on numeric keypad)	Shift+/ (on numeric keypad)
Show red, green, blue, or alpha channel as grayscale	Opt+1, Opt+2, Opt+3, Opt+4	Alt+1, Alt+2, Alt+3, Alt+4
Show colorized red, green, or blue channel	Opt+Shift+1, Opt+Shift+2, Opt+Shift+3	Alt+Shift+1, Alt+Shift+2, Alt+Shift+3
Toggle showing straight RGB color	Opt+Shift+4	Alt+Shift+4
Show alpha boundary (outline between transparent and opaque regions) in Layer panel	Opt+5	Alt+5
Quit	Cmd+Q	Ctrl+Q
Undo	Cmd+Z	Ctrl+Z
Redo	Cmd+Shift+Z	Ctrl+Shift+Z
Purge all	Cmd+Opt+/ (on numeric keypad)	Ctrl+Alt+/ (on numeric keypad)
Interrupt running a script	Esc	Esc
Open View Options dialog box for active Composition panel	Cmd+Opt+U	Ctrl+Alt+U
Zoom in time	=	=
Zoom out time	- (hyphen)	- (hyphen)
Zoom in Timeline panel to single-frame units (Press again to zoom out to show entire composition duration.)	Alt+Shift+; (semicolon)	Ctrl+Shift+; (semicolon)
Zoom out in Timeline panel to show the entire composition duration (Press again to zoom back in to the duration specified by the Time Navigator.)	Shift+; (semicolon)	Shift+;
Suspend image updates	Caps Lock	Caps Lock
Show or hide safe zones	' (apostrophe)	' (apostrophe)
Show or hide grid	Cmd+' (apostrophe)	Ctrl+' (apostrophe)
Show or hide proportional grid	Opt+' (apostrophe)	Alt+' (apostrophe)
Show or hide rulers	Cmd+R	Ctrl+R
Show or hide guides	Cmd+; (semicolon)	Ctrl+;
Turn snapping to grid on/off	Cmd+Shift+; (apostrophe)	Ctrl+Shift+; (apostrophe)
Turn snapping to guides on/off	Cmd+Shift+; (semicolon)	Ctrl+Shift+; (semicolon)
Lock or unlock guides	Cmd+Opt+Shift+; (apostrophe)	Ctrl+Alt+Shift+; (apostrophe)
Show or hide layer controls	Cmd+Shift+H	Ctrl+Shift+H
Zoom in in Composition, Layer, or Footage panel	. (period) on main keyboard	. (period) on main keyboard
Zoom out in Composition, Layer, or Footage panel	, (comma)	, (comma)
Zoom to 100% in Composition, Layer, or Footage panel	/ (on main keyboard)	/ (on main keyboard)
Zoom to fit in Composition, Layer, or Footage panel	Shift+/ (on main keyboard)	Shift+/ (on main keyboard)
Zoom up to 100% to fit in Composition, Layer, or Footage panel	Opt+/ (on main keyboard)	Alt+/ (on main keyboard)
Set resolution to Full, Half, or	Cmd+J, Cmd+Shift+J, Ctrl+J, Ctrl+Shift+J,	

PANELS, VIEWERS, WORKSPACES, & WINDOWS

Open / close Project panel	Cmd+O	Ctrl+O
Open / close Render Queue panel	Cmd+Option+O	Ctrl+Alt+O
Open / close Tools panel	Cmd+I	Ctrl+I
Open / close Info panel	Cmd+2	Ctrl+2
Open / close Preview panel	Cmd+3	Ctrl+3
Open / close Audio panel	Cmd+4	Ctrl+4
Open / close Effects & Presets panel	Cmd+5	Ctrl+5
Open or close Character panel	Cmd+6	Ctrl+6
Open or close Paragraph panel	Cmd+7	Ctrl+7
Open or close Paint panel	Cmd+8	Ctrl+8
Open or close Brushes panel	Cmd+9	Ctrl+9
Open or close Effect Controls panel for selected layer	F3 or Cmd+Shift+T	F3 or Ctrl+Shift+T
Open Flowchart panel for project flowchart	Cmd+F11	Ctrl+F11
Switch to workspace	Shift+F10, Shift+F11, or Shift+F12	Shift+F10, Shift+F11, or Shift+F12
Cycle to previous or next panel in active frame (for example, cycle through open Timeline panels)	Opt+Shift+, (comma) or Opt+Shift+; (period) or Alt+Shift+, (comma) or Alt+Shift+; (period)	Alt+Shift+, (comma) or Alt+Shift+; (period)
Close active viewer or panel (closes content first)	Cmd+W	Ctrl+W
Close active panel or all viewers of type of active viewer (closes content first). For example, if a Timeline panel is active, this command closes all Timeline panels.	Cmd+Shift+W	Ctrl+Shift+W
Split the frame containing the active viewer and create a new viewer with opposite locked/unlocked state	Cmd+Opt+Shift+N	Ctrl+Alt+Shift+N
Maximize or restore panel under pointer	' (accent grave)	' (accent grave)
Resize application window or floating window to fit screen. (Press again to resize window so that contents fill the screen.)	Cmd+\\ (backslash)	Ctrl+\\ (backslash)
Move application window or floating window to main monitor; resize window to fit screen. (Press again to resize window so that contents fill the screen.)	Cmd+Opt+\\ (backslash)	Ctrl+Alt+\\ (backslash)
Toggle activation between Composition panel and Timeline panel for current composition	\\ (backslash)	\\ (backslash)
Cycle to previous or next item in active viewer (for example, cycle through open compositions)	Shift+, (comma) or Shift+; (period)	Shift+, (comma) or Shift+; (period)
Activate a view in a multi-view layout in the Composition panel without affecting layer selection	click with middle mouse button	click with middle mouse button

TIME NAVIGATION

Go to specific time	Opt+Shift+J	Alt+Shift+J
Go to beginning or end of work area	Shift+Home or Shift+End	Shift+Home or Shift+End
Go to previous or next visible item in time ruler (keyframe, layer marker, work area beginning or end) Note: Also goes to beginning, end, or base frame of Roto Brush span if viewing Roto Brush in Layer panel.*	J or K	J or K
Go to beginning of composition, layer, or footage item	Home or Cmd+Opt+Left Arrow	Home or Ctrl+Alt+Left Arrow
Go to end of composition, layer, or footage item	End or Cmd+Opt+Right Arrow	End or Ctrl+Alt+Right Arrow
Go forward 1 frame	Page Down or Cmd+Right Arrow	Page Down or Ctrl+Right Arrow
Go forward 10 frames	Shift+Page Down or Cmd+Shift+Right Arrow	Shift+Page Down or Ctrl+Shift+Right Arrow
Go backward 1 frame	Page Up or Cmd+Left Arrow	Page Up or Ctrl+Left Arrow
Go backward 10 frames	Shift+Page Up or Cmd+Shift+Left Arrow	Shift+Page Up or Ctrl+Shift+Left Arrow
Go to layer In point	I	I
Go to layer Out point	O	O
Go to previous In point or Out point	Cmd+Opt+Shift+Left Arrow	Ctrl+Alt+Shift+Left Arrow
Go to next In point or Out point	Cmd+Opt+Shift+Right Arrow	Ctrl+Alt+Shift+Right Arrow
Scroll to current time in Timeline panel	D	D

PREVIEW

Start or stop standard preview	spacebar	spacebar
RAM preview	0 on numeric keypad* or Ctrl+0 (zero) on main keyboard	0 on numeric keypad*
RAM preview with alternate settings	Shift+0 on numeric keypad* or Shift+Ctrl+0 (zero) on main keyboard	Shift+0 on numeric keypad*
Save RAM preview	Command-click RAM Preview button or press Cmd+0 on numeric keypad*	Ctrl-click RAM Preview button or press Ctrl+0 on numeric keypad*
Save RAM preview with alternate settings	Command+Shift-click RAM Preview button or press Cmd+Shift+0 on numeric keypad*	Ctrl+Shift-click RAM Preview button or press Ctrl+Shift+0 on numeric keypad*
Preview only audio, from current time	. (decimal point) on numeric keypad* or Control+ . (period) on main keyboard	. (decimal point) on numeric keypad*
Preview only audio, in work area	Option+. (decimal point) on numeric keypad* or Ctrl+Opt+. (period) on main keyboard	Alt+. (decimal point) on numeric keypad*
Manually preview (scrub) video	Drag or Option-drag current-time indicator, depending on Live Update setting	Drag or Alt-drag current-time indicator, depending on Live Update setting
Manually preview (scrub) audio	Cmd-drag current-time indicator	Ctrl-drag current-time indicator
RAM preview number of frames specified by Alternate RAM Preview preference (defaults to 5)	Opt+0 on numeric keypad* or Ctrl+Opt+0 (zero) on main keyboard	Alt+0 on numeric keypad*
Show current frame on video preview device	/ (on numeric keypad)	/ (on numeric keypad)
Toggle Output Device preference between Desktop Only and video preview device	Cmd+/ (on numeric keypad)	Ctrl/ (on numeric keypad)
Take snapshot	Shift+F5, Shift+F6, Shift+F7, or Shift+F8	Shift+F5, Shift+F6, Shift+F7, or Shift+F8
Display snapshot in active viewer	F5, F6, F7, or F8	F5, F6, F7, or F8
Purge snapshot	Command+Shift+F5, Cmd+Shift+F6, Cmd+Shift+F7, or Cmd+Shift+F8	Ctrl+Shift+F5, Ctrl+Shift+F6, Ctrl+Shift+F7, or Ctrl+Shift+F8

MOTION TRACKING

Move feature region, search region, and attach point 1 pixel at current magnification	arrow key	arrow key
Move feature region, search region, and attach point 10 pixels at current magnification	Shift+arrow key	Shift+arrow key
Move feature region and search region 1 pixel at current magnification	Option+arrow key	Alt+arrow key
Move feature region and search region 10 pixels at current magnification	Option+Shift+arrow key	Alt+Shift+arrow key



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